



# Mountain Villa School

## April 2017 Lunch Menu

Healthy Meals Grow Healthy Kids!

### Mac's Nutrition News

This month, we are challenging you to focus on "Eating the Colors of the Rainbow." You can do this by choosing a variety of fruits and vegetables from every color found in the rainbow. More colors equals more variety, and more variety equals more ways to feed your body the healthy foods that help you feel good and thrive!

All Meals are Served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch. Fruit of the Day and Low Fat Milk Choice

- Student Lunch \$2.75
- Reduced Lunch \$0.40
- Adult Lunch \$3.70

MASCHIO'S MAIN EVENT

Maschio's Swap Outs Available Daily

#### Chicken Patty on a Bun

- Bagel Bag Meal**– Bagel and Cheese Sticks
- Muffin Bag Meal**– Muffin and Cheese Sticks
- Cereal Bag Meal**– Cereal, WG pretzels, and Cheese Sticks
- Yogurt Bagel Meal** – Yogurt, WG pretzels, and a Cheese Stick



Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily



Check us out on Facebook : Maschio's Food Services, Inc.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> <i>Grand Slam</i> <b>Pretzel Hot Dog</b> Battered French Fries 100% Juice Sorbet Opening Day	<b>4</b> <b>Fiesta Chicken Nacho Platter</b> with Shredded Cheddar Cheese, Lettuce, Tomatoes, & Salsa Steamed Corn Fresh or Chilled Fruit	<b>5</b> <b>Meatball Parm</b> Green Beans Italiano Fresh or Chilled Fruit	<b>6</b> <b>Breakfast for Lunch</b> <b>Pancakes with</b> Breakfast Sausages Hash Browns Fresh or Chilled Fruit	<b>7</b> <b>Stuffed Crust Cheese Pizza</b> Freshly Prepared Italian House Salad Fresh or Chilled Fruit
<b>10</b> <b>Crispy Chicken Sandwich</b> Smile Fries Fresh or Chilled Fruit	<b>11</b> <i>Lucky Tray Day</i> <b>Grilled Cheese Sandwich</b> Assorted Potatoes Fresh or Chilled Fruit	<b>12</b> <b>Popcorn Chicken with Dipping Sauces</b> Rice Broccoli Fresh or Chilled Fruit	<b>13</b> <b>Personal Pan Pizza</b> Garden Salad Fresh or Chilled Fruit	<b>14</b> School Closed
<b>17</b> School Closed	<b>18</b> School Closed	<b>19</b> School Closed	<b>20</b> School Closed	<b>21</b> School Closed
<b>Spring Recess! School Closed</b>				
<b>24</b> <b>Chicken Nuggets</b> Warm Breadstick Mashed Potatoes Fresh Celery Dippers Fresh or Chilled Fruit	<b>25</b> <b>Hot Dog on a Bun</b> Baked Beans Corn Fresh or Chilled Fruit Earth Day	<b>26</b> <b>Cheeseburger on a Bun</b> Smile Fries Fresh or Chilled Fruit <b>Heartzels Pretzels</b> National Pretzel Day	<b>27</b> <b>Waffle Sticks</b> Breakfast Sausages Hash Browns Fresh or Chilled Fruit	<b>28</b> <b>Assorted Cheese Pizza</b> Freshly Prepared Spring Mix Salad Fresh or Chilled Fruit



Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Questions or Concerns? Please Visit [www.MaschioFood.com](http://www.MaschioFood.com) Or Call Maschio's Food Services at: 908-852-1894

Prepaid Meals are available in the cafeteria:  
 10 for \$27.50/ 20 for \$55.00

**Please Make Checks Payable To:**  
 Allamuchy Twp. School

MENU SUBJECT TO CHANGE



"This institution is an equal opportunity provider"